



**You Are Not Alone**

**The Augustine Fellowship  
Sex and Love Addicts Anonymous**

Meeting Schedule Updated: **3/19/2010**

*All meetings listed below are closed meetings*

Closed meetings are open only to those who have a desire to stop acting out on their personal bottom-line addictive behavior.

Capital Region Intergroup of  
S.L.A.A.

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Clifton Park, NY 12065-0139

Phone: (518) 292-0123

Web: [www.capitalregionslaa.org](http://www.capitalregionslaa.org)

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Day	Time	Group	M/F	Meeting Type	Location	Directions / Notes
Sunday	7:00-8:30pm	Home Stretch Group	Co-ed	Step	Unitarian Universalist Church 624 N Broadway,	Corner of Rock St & N Broadway.
	7:30-8:30pm	Weekend Wrap—Up	Co-ed	Step / Meditation	Pine Grove Methodist Church, 1580 Central Ave, Albany	West from I-87, Exit 2W about 3/4 mi on left.
Monday	6:00-7:00pm	Restored to Dignity	Co-ed	Topic	Christ the King Church, 3007 Rte 213 East, Stone Ridge	Thruway exit 19 (to 209 South) -go 10 miles- then turn left on Rte 213 East. 2 blocks on right. Go back to parish hall.
	7:30-9:00pm	Monday Night Clifton Park	Co-ed	Topic & 1st Week Step	St. George Episcopal Church, Rte 146, Clifton Park	West from I-87 Exit 9. 1.5 mi on left. Moved to choir room in LEFT annex to the church.
Tuesday	7:30-9:00pm	Tuesday Night Men's Group	M	Topic & 1st Week Step	Korean Catholic Church, <b>15 Exchange St, Albany, NY*</b>	I-90 Exit 5 (Everett Rd.). North to first traffic light then right 1 block
Wednesday	noon-1pm	Wednesday noon group	Co-ed	Step	<b>Loudonville</b>	For street address please contact the hotline
	<b>6:30-7:30pm</b>	All Welcome Rainbow Group	Co-ed	Speaker/Topic & 1st Week Step	Albany	For street address please contact the hotline
	7:00-8:00pm	Wednesday Night Women's Winners Group	F	Step	Latham	For street address please contact the hotline
Thursday	7:00-8:30pm	Inside Out Group	Co-ed	Topic Discussion	Temple Sinai 519 N Broadway, Saratoga Springs	Annex, to right in back.
Friday	6:00-7:00pm	Serenity Group	Co-ed	Speaker & Step	Bethany Reformed Church, 760 New Scotland Ave, Albany	Near Maria College, past St Peter's Hospital going toward Krumkill Rd.
	7:30-8:30pm	No Upper Limit Group	Co-ed	Meditation & Topic	Newtonville Methodist Church, corner of Maxwell Rd & Rte 9, Newtonville	East from I-87 Exit 5 to Rte 9 then 1.75 mi. south. On the right.
Saturday	9:00-10:30am	Shamebusters Group	Co-ed	Step	Pine Grove Methodist Church 1580 Central Ave, Albany	West from I-87, Exit 2W about 3/4 mi on left. <b>Business meeting is held 2nd Saturday of the month until 9:15; regular meeting ends @ 10:45*</b>
	noon-1pm	Bennington Noon	Co-ed	Step, Speaker, Topic	Bennington, VT	For street address please contact the hotline
	11:30-1:00pm 3rd Sat of Jan, Mar, May, Jul, Sep, Nov	Capital Region Intergroup of S.L.A.A.	Co-ed	Business	St. George Episcopal Church, Rte 146, Clifton Park	West from I-87 Exit 9. 1.5 mi on left at cluster of white buildings.

**Notes:** 4th Tradition States that all groups should be autonomous except in matters affecting SLAA as a whole.

Only those groups who voted to display their street address have theirs displayed.

Please call the local hotline and leave a message if there are any additions or corrections to this schedule.

\* *Italicized text indicates a recent change on the schedule.*

**Spousal, partner, and family support meetings.** S-anon is NOT affiliated with SLAA, and we can not comment on their meetings. For informational purposes only.

Day	Time	Group	M/F	Meeting Type	Location	Directions / Notes
Sunday	7:30-8:30pm	S-Anon Sunday	Co-ed	Step / Discussion	St. Peter's Addiction Recovery Ctr 636 New Loudon Rd, Latham	Turn on side street Glennon Rd, and enter building in the rear
Wednesday	7:30-8:30pm	S-Anon Wednesday	Co-ed	Step / Discussion	Saratoga Hospital 211 Church St, Saratoga Springs	Room information will be forthcoming